



About the Parents and Children's Therapeutic Service

The Parents and Children's Therapeutic Services provides specialised therapeutic services to those families who have been affected by child sexual abuse.

The service is available to:

- Children, young people and adults who have experienced child sexual abuse
- Children, young people and adults who have been affected by child sexual abuse
- Children and young people who are at risk of, or who have engaged in harmful sexualised behaviours

Referrals

Referrals can be made by the client themselves, a GP or other agency. Referral forms are available at www.parkerville.org.au, upon email or phone request. Completed forms may be emailed to adminteam@parkerville.org.au.

Contact Us

- ☎ (08) 9235 7000
- ✉ adminteam@parkerville.org.au
- 📍 Sudbury Community House
30 Chesterfield Road, Mirrabooka 6061

www.parkerville.org.au

Parkerville Children and Youth Care
*Caring for Western Australian
children since 1903*



ABN 86 437 092 401



PACTS

Parents and Children's
Therapeutic Service



Individual Counselling

Comprehensive assessments are provided for each client to enable the development of an individualised treatment plan.

Interventions are targeted at:

- Reducing trauma symptoms
- Improving self-esteem and resilience
- Promoting healthy relationships and appropriate sexual development
- Supporting parents and carers to better protect and support children and young people



Treatment Strategies

Treatment strategies are evidence based where possible, and include:

- Trauma Focused Cognitive Behavioural Therapy
- Eye Movement Desensitisation Re-processing
- Brief Solution Focussed Therapy
- Strength Based Therapy
- Relaxation training
- Narrative work
- Exposure therapy
- Behavioural therapy
- Psycho-education
- Protective Behaviours

Staff

All Parents and Children's Therapeutic Service clinicians have specialist training in providing services to children, young people and adults who have been affected by child sexual abuse.

Protective Behaviours

Protective Behaviours is a life skills program for children and young people that assists them to take positive steps to improve their own personal safety.

Protective Behaviours can be provided either on an individual basis, as a family group or as a group based program depending on the need.

Consultancy and training to community groups, schools, teachers and other organisations is also available.

Additional Information



Consent, Privacy and Confidentiality

At Parkerville Children and Youth Care we take privacy and confidentiality seriously. Talk to our clinical staff about your right to privacy and our confidentiality terms.

Your information will be kept confidential and only shared with external persons/agencies with your written consent.

Referral to the Parents and Children's Therapeutic Service is voluntary and you may withdraw from the service at any time.

Feedback and Complaints

We encourage feedback from clients and partner services. For information on providing feedback or making a complaint, please visit our website at www.parkerville.org.au

Additional Services

For information on other services provided by Parkerville Children and Youth Care, please visit our website at www.parkerville.org.au

Funding

The Parkerville Children and Youth Care's Parents and Children's Therapeutic Service Program is funded by the Department of Communities.

